

Edu-Therapy™ Solutions

A Cognitive Behavioural Process for Healing Grieving Hearts



BUILDING SUSTAINABLE MENTAL WELLNESS & RESILIENCY THROUGH INTEGRATED TREATMENT & TRAINING

- ♦ Grief and the conflicting emotions caused by loss are cumulative and most often have a growing negative effect on one's ability to participate fully in life
- ♦ Edu-Therapy™ gives participants a stable cognitive process to help themselves, community and client base
- ♦ Once Certified as an Edu-Therapy Specialist, in as little as 6 hours per week, one Specialist can bring mental resolution of the pain and sadness caused by loss to over 200 people per year
- ♦ Trained teams can escalate these numbers adding to the resiliency of the Community

HUMANS GRIEVE LOSS OR CHANGE OF ANYTHING HELD SIGNIFICANT

- ♦ Grief happens in many forms and has great potential to create emotional energy and negatively effect life
- ♦ Grief is an emotional experience that doesn't follow stages or a timeline... and it does not simply go away with time

IT'S THE ACTIONS WITHIN TIME THAT REDUCE AND ELIMINATE THE PAIN

- ♦ Edu-Therapy™ Certification is unique training that's designed specifically to assist all who wish to help those with unresolved loss, deal with pain and reclaim a productive place in the mainstream of their lives

WHO SHOULD ATTEND

- ♦ Mental Health and Wellness Workers
- ♦ Addiction Counsellors
- ♦ Educators and Youth Workers
- ♦ Family and Victim Service Workers
- ♦ All interested Groups and Individuals

**HELP YOURSELF.
HELP OTHERS.
HELP YOUR COMMUNITY.**

IN-PERSON 4 DAY TRAINING CERTIFICATION

SASKATOON, SK – DECEMBER 11-14, 2020

ONTARIO (TBA) - JANUARY 29 - FEBRUARY 01, 2021

WINNIPEG, MB - JANUARY 29 - FEBRUARY 01, 2021

VANCOUVER, BC - FEBRUARY 05-08, 2021

EDMONTON, AB - FEBRUARY 19-22, 2021

Certification Training will be offered with COVID-19 safety plan aligned with provincial regulations.

VERY LIMITED SEATING FOR THESE PROGRAMS TO ALLOW FOR SOCIAL DISTANCING.

Register online or call for more details

PRIVATE TREAT & TRAIN PROGRAMS

- ♦ We will safely send our Facilitators to you
- ♦ Limited Available Dates
- Now booking for 2021

Call us directly for details and to customize your Community treatment/training

CONTACT

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